

May's Lifeskill Creativity

This month we are talking about Creativity! The dictionary would tell us that the primary use of Creativity is to create something artistic, but the definition we are using is much bigger than that:

***Creativity:** Using your imagination to create something or solve a problem.*

Creativity is one of the most important skills for a better future because it is only by imagining new or improved solutions that it is possible to solve present problems. While more and more of the world becomes automated, Creativity is becoming one of the most sought after skills in the workplace because it helps us think beyond the box, innovate, and imagine a better way. We must practice building the muscle of Creativity if we are going to use it to solve the big and little problems all around us. We will work together in new, unique ways. We will build things and break old patterns. We will CREATE and imagine the best version of ourselves and the world.



CONVERSATION STARTERS:

- Walt Disney is reported to have been fired from a newspaper for “lacking ideas” and having “no imagination.” How is this possible? What do you think he did next?
- Embracing our Creativity sometimes takes Courage. What is one creative activity you have always wanted to try? What steps can you take to make it happen?
- What are some issues affecting our local or global community? How can Creativity help us address some of these problems?